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Texas Coop Power

March 2024



06

A Midday Matinee for Millions

Where will you be when a oncein-a-lifetime total solar eclipse darkens Texas next month?

By Pam LeBlanc

ON THE COVER Haru, an Australian shepherd, works on his leaping skills. *Photo by Tom Hussey* ABOVE The ring of fire during the annular solar eclipse October 14, 2023, as seen near Bandera. *Photo by Erich Schlegel*

10 Top Dogs

Coaches help canine competitors reach new heights—and grow closer to their humans.

Story by Margaret Buranen Photos by Tom Hussey



Hit the Road Doing Time *By Chet Garner*



Focus on Texas Photo Contest: Architecture

34

Observations It Takes a Family *By Dale Roberson*



Currents



Channeling Safety

WHEN DANNY WILLIAMS, below left, started his career as a lineworker at McCulloch Electric Cooperative—which no longer exists—in 1965, color TVs were the latest technology coming into homes.

Williams and his co-workers in Brady made sure the power always stayed on for those TVs. "I loved linework," he says. "I loved climbing."

Williams later became an instructor, teaching work skills and safety to utility employees. And in 2007 he became manager of Texas Electric Cooperatives' Loss Control program, where he changed (and likely saved) lives at co-ops across the state.

Williams, 80, will retire this month after more than 38 years of teaching generations of lineworkers, in a career that spanned seven decades.

"Oh, my God, how many people has he touched?" says TEC's Curtis Whitt, a co-worker for 21 of those years. "Countless. To do it as well as he's done it for as long as he's done it is a pretty incredible feat."

🔃 Visit our website to read more about Danny Williams.



A Power Trip?

Four electric school buses in South Burlington, Vermont, deliver more than students. When sitting idle during school hours, their batteries store excess renewable energy that can be pumped back onto the grid.

健 Contests and More

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FOCUS ON TEXAS PHOTOS Shells and Scales

RECOMMENDED READING

Learn how Hoover Alexander, a fifthgeneration Texan, came to run Hoover's Cooking, a beloved Austin diner. See *A Full Plate* from March 2009 on our website.



FINISH THIS SENTENCE Music makes me ...

Tell us how you would finish that sentence. Email your short responses to letters@TexasCoopPower.com or comment on our Facebook post. Include your co-op and town.

Here are some of the responses to our January prompt: **If I could turn back the clock ...**

It would mean that I finally figured out how to work the buttons. GEORGE GRAHAM PEDERNALES EC WIMBERLEY

I would look at the clock less. ROSIE PEÑA NUECES EC CORPUS CHRISTI

I would talk to my mom and dad for days on end—just to hear their voices again. LISA STANLEY UNITED COOPERATIVE SERVICES JOSHUA

Visit our website to see more responses.



SHERI ULAN-SWEET BLUEBONNET EC AND CENTRAL TEXAS EC LEXINGTON AND FREDERICKSBURG

Required Reading

We love *Texas Co-op Power*. We homeschool and use a lot of the recipes and articles in our lessons.

Karly Woods Via Facebook

Shamrock Memories

My wife and I stayed at the old Shamrock Hilton on the last weekend it was open [*The Green Carpet*, January 2024].

The place was still amazing, but it clearly had a lot of deferred maintenance, making it look a little threadbare —a remnant of a time gone by.

In the lounge, if you ordered one drink, they would keep bringing you more of the same—I guess figuring that everything they gave away was one less thing they'd have to pack up or throw away.

Mike Blanche United Cooperative Services Morgan



What Desert?

When I flew from my Southern California hometown into San Antonio in May 1968 for U.S. Army basic training at Fort Sam Houston, I was surprised by a lush, green landscape (plus millions of crickets) instead of a barren desert [*How Texas Became a Desert*, December 2023].

Even more shocking was finding that the Alamo had been moved to downtown from the countryside where John Wayne defended it from Santa Anna's forces.

Steve Mallery Heart of Texas EC Robinson

On Second Thought

I enjoyed Frederick Law Olmsted's assessment of Austin and New Braunfels [*Appraising the Texas Landscape*, November 2023]. I believe he would be appalled at the destruction of the natural beauty and wildlife he witnessed in the 1850s.

Harvey H. Wetz GVEC New Braunfels

UP WRITE TO US

letters@TexasCoopPower.com

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Please include your electric co-op and town. Letters may be edited for clarity and length.

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A Midday Where will you be when a once-in-a-lifetime total solar eclipse darkens Texas next month? For Millions

Back in October

when the moon passed between the Earth and the sun in a celestial display known as an annular eclipse, I headed to Lost Maples State Natural Area in the Hill Country, donned a pair of goofy cardboard glasses and gazed skyward.

The field around me bristled with telescopes and tripods, all directed at the slow-moving phenomenon, which looked to my untrained eye like a frying pan slowly moving in front of a bed of glowing coals. Just as the moon lined up with the face of the sun, creating a halo of yellow, a cheer arose, and someone cranked up Johnny Cash's *Ring of Fire*.

As fun as that was, it was just the warmup for what's coming April 8, when Texans will get front-row seats at an even more impressive spectacle—a total solar eclipse.

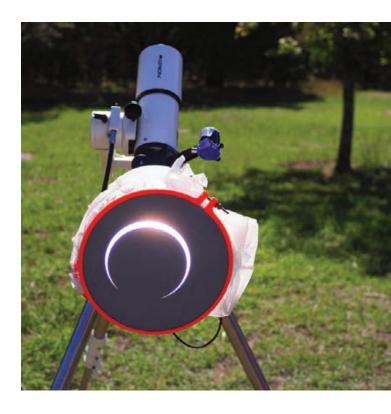
The last total solar eclipse viewable from the U.S. occurred August 21, 2017—but Texas wasn't in the path of totality. Those who peered at it (through special safety glasses, of course) from here saw the moon's shadow creep across the sun but never fully blot it out. Other parts of the country experienced totality.

"A really good total solar eclipse is an emotional experience," says astronomer Phil Kelton, former assistant director and superintendent of the McDonald Observatory in Fort Davis. "They're awe-inspiring events, like nothing else in nature. The annular eclipse was a poor second."

In April, the eclipse's path of totality will cross Mexico, enter Texas near Eagle Pass, and slowly crawl northeast across the state. Kerrville, Bandera and Waco are all near the centerline, so watchers there will get a good show. Much of the Metroplex will experience totality, as will parts of Austin and San Antonio.

After crossing into Oklahoma and Arkansas, the eclipse will pass through 10 more states before moving out of Maine and into Canada.

The whole event—from the time the moon first bites into the sun—will last roughly 3 hours in Texas. But the duration of totality will vary by location. In Vanderpool and Ingram,



for example, it will last 4 minutes and 26 seconds; in Austin, farther from the centerline, it will last less than two minutes. The start of totality will also vary, occurring between 1:27 p.m. and 1:40 p.m. depending on where you're viewing.

During those few minutes, skies will grow significantly darker. It'll feel cooler, and some animals may exhibit twilight behaviors. If skies are clear—and chances of a clear sky are historically higher in Texas than they are farther north and east across the U.S. at that time of the year bright stars will become visible.

"It's one of the great events of nature," Kelton says. "There's an element of majesty and awe that occurs during a total solar eclipse. Only in the last few hundred years has man understood enough about the cosmos to appreciate what was causing it."

Total solar eclipses occur every few years at different locations around the globe. After this year's event, an eclipse in 2033 will impact a small part of Alaska, and one in 2044 will affect Montana and the Dakotas. The next total eclipse to carve a broad swath across the country, though, won't take place until August 12, 2045.

Now's the time to plan. People are traveling to Texas from all over the world for the April eclipse, and many lodges and campgrounds in the path of totality are already booked. Don't panic.

"The path is huge. You don't have to be in a special place," says Shaun Tarpley, an architect from League City who chases eclipses to photograph them. He and his wife, Ashley, an aeronautical engineer who works at NASA, traveled to Lost Maples with their son for the annular eclipse and plan to return to the Hill Country in April.

OPPOSITE Maxine Margolis Smith experiences the thrill of the October 14, 2023, annular solar eclipse from near Bandera. ABOVE The eclipse is projected onto a "screen" that Jeri Evans rigged from a bucket attached to a telescope in Vanderpool.

••There's an element of majesty and awe that occurs during a total solar eclipse.??



LEFT Irene Ramos participates in a spiritual drum circle near Bandera.

"As long as you're in the path, you can get out on the side of a road," he says. "If you're in the area, you'll be able to experience it."

When I drove to Bandera County for the annular eclipse, I spotted fields with hand-painted "camp here" signs planted among the ash junipers and oaks.

Eclipse watchers had gathered for a celebration at Stonehenge II, a scaled-down version of the British original on the lawn outside the Hill Country Arts Foundation in Ingram. (Festivities are planned next month, too.) And at Lost Maples, campgrounds and day-use areas were packed.

Among those I met was Frederic Allegrini, an astrophysicist and amateur astrophotographer from San Antonio who drove 2,500 miles in four days to see the 2017 eclipse in Tennessee. He and his wife wanted to be in the path of totality because, as he told her, doing anything else is like being 95% in love. "It has to be 100% or nothing," he says.

And then there was Laura Hermann of Spring, who stood

at a table loaded with snacks and used a Moon Pie and a bag of Sun Chips to demonstrate how the eclipse would unfold.

For those with deep pockets, touring companies like Smithsonian Journeys offer luxurious guided tours through the Hill Country, with eclipse watching at Becker Vineyards near Stonewall and stops at other Central Texas sites.

For a less expensive experience, reserve a day pass at one of the Texas state parks in the path of totality. Enchanted Rock and Lost Maples will be popular destinations, but spots will fill up quickly. Reservations at Enchanted Rock open 8 a.m. March 11, and reservations for all other state parks open 8 a.m. March 8. Lower Colorado River Authority parks are another option, with special activities at some locations, including Black Rock Park on Lake Buchanan.

If your favorite park is booked, check out Campspot's regularly updated guide of sites in the path that still have availability. At RVshare, you can book an RV directly from the owner.

BELOW Frederic Allegrini sets up his camera gear at Lost Maples State Natural Area. RIGHT Liam Tarpley uses eclipse-safe sunglasses to watch the annular eclipse.



If you want a side of music with your eclipse, consider the family-friendly Eclipse Utopia at Four Sisters Ranch in Utopia. Camping is available, and the event includes workshops, disc golf, hiking, biking, yoga and two days of live music. Closer to Bandera, the Ground Zero MusicFest includes everything from live music and a classic car show to a cornhole tournament and space alien costume contest.

Wherever you go, arrive early, protect your eyes and embrace the experience.

That's what Emma Ransome and Pavol Klacansky, both from Austin, did during the October eclipse. I found them stretched out in the grass at the campground at Lost Maples, listening to a special playlist they had compiled, grinning behind their eclipse glasses.

"We've been able to slowly watch it evolve," Ransome says. "It's very relaxing."

And the opening act only got them more excited about the April main event.

For more guidance about viewing safety and making your eclipse experience memorable, visit our website. And for a deeper dive into the wonders of the eclipse, check out nationaleclipse.com.



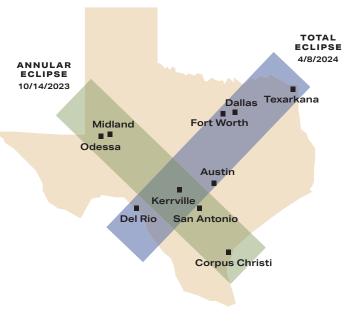
Stare Safely

Never look directly at the sun through a camera, binoculars or a telescope without proper solar filters.

Only use glasses made specifically for eclipse viewing; they're about 100,000 times darker than ordinary sunglasses.

View the eclipse indirectly with a pinhole projector or see what it does to shadows by holding up a colander from your kitchen.

Plan ahead: Folks from all over the U.S. are already booking rooms in the Hill Country, and traffic could be tricky.







Abby McMillin guides Apollo, her golden retriever, over an agility training ramp.

BY MARGARET BURANEN • PHOTOS BY TOM HUSSEY

Coaches help canine competitors reach new heights—and grow closer to their humans

rowing up in South Korea while her dad served in the U.S. military, Abby McMillin had two dreams. First, like Dorothy in *The Wizard of Oz*, she wanted to return home to Kansas. When her family did finally move back to Kansas, McMillin started working on her other dream: becoming a veterinarian. In high school she started working at a veterinary clinic. There she met a dog that would change her life and her career path.

Taz was a large German shepherd. He was scared and aggressive. Nobody could get near the snarling animal. McMillan decided to try to reach him anyway.

She tossed kibble into his kennel, not even making eye contact with him. She also sometimes sat with her back to the outside of the kennel door. "I just wanted Taz to know that I was there," McMillin says.

Gradually Taz calmed down and began to trust McMillin. He allowed her to pet him and put a leash on him. Later he accepted affection from other people. Eventually he was adopted by a woman who gave him the loving home he deserved.

The clinic's veterinarians were amazed at McMillin's success with Taz. They sent her to work with a professional trainer to learn more about dog behavior.

"He became my mentor," McMillin says. She realized that communicating with dogs and other animals, trying to figure out what they needed and why they behaved in certain ways, interested her much more than animal health.

Today McMillin is the owner of Triple H Dog Training, where she teaches classes of humans and canines how to work together at her facility in Mineola, northwest of Tyler. In short, she coaches dog athletes.

Every year, the American Kennel Club and other organizations host thousands of dog sporting events across the U.S. that draw more than 1 million competitors.

But 35 years ago, in 1988, when the United States Dog Agility Association organized the first major sporting competition for dogs—the Grand Prix of Dog Agility World Championships—just 79 competitors from across the U.S. came to Houston for the three-day event. Today, more than 100 events nationwide qualify dogs and their humans—representing more than 20 countries—for regional championships and, ultimately, the world finals. he sports encompass a range of competitions for dogs, including agility and herding, racing and jumping, obedience, and tracking and hunting trials. The growth of dog sports has become big business as trainers like McMillin build careers out of teaching people how to compete alongside their pets.

McMillin, a Wood County Electric Cooperative member, lives in Mineola with her husband, Nick; their 2-year-old son, Levi; and seven dogs. One dog, a Great Pyrenees mix, prefers couch lounging to dog sports. The other six, including three golden retrievers, compete.

Border collies, Australian shepherds and Shetland sheepdogs are among the most popular breeds to produce athletes, but there's something out there for just about every dog.

If one canine sport isn't suitable for a dog and its owner, McMillin urges the owner to try something else. Many dogs enjoy agility training, but their owners may realize they aren't fit enough for this fast-paced sport. Rally, which involves only walking, may be a better choice.

Besides, it's "more about relationship building, so the dog owner and dog develop a lifetime friendship," McMillin says. "I want people to enjoy their dogs."





OPPOSITE McMillin with six of her dogs, which learn balance and control on a seesaw at her training facility. RIGHT Apollo goes airborne to catch a flying disc.

or training at home, McMillin advises dog owners to "keep it short. Keep it fun. Keep it simple. Don't do 30 minutes once a week. Do five minutes every day. For the first week or so, the owner has to get in the habit of training, too. Remember dogs don't work for nothing. They're motivated by treats or toys."

McMillin uses a hand-held clicker to reinforce behaviors. With this method,

she has also trained horses and cats, even an otter. Training allows the dog and owner to become a team and have a closer relationship. "It's not about the ribbons," she says. "It's about going home with the best dog ever."

Another trainer, Debi Krakar, started the Dog Alliance in Cedar Park, outside Austin, in 2006. There she trains therapy dogs and offers classes in various dog sport disciplines.

Krakar, a member of Pedernales Electric Cooperative, says that the raft of dog sports offers an excellent outlet for pups. "When they've been mentally stimulated and exercised, they won't eat your shoes," she says. "Dog sports build a bond between human and dog. They understand each other better."

Krakar got into dog training after taking her own dog to schools for children to read to. "Teachers kept calling me," she says. "The demand for these therapy dogs is constant."

For owners who aren't sure which dog sport might be best for them and their pups, she offers a dog sports foundation class that covers the basics. Because when it comes to man's best friend, it's really about building relationships.

"Have fun and be positive with your dog," Krakar says. "In the long run you'll have a much stronger bond with your dog." ■



Games That Aren't Far-Fetched

AGILITY Dogs run through an obstacle course that includes tunnels, blocks to jump on and vertical poles to weave through.

BARN HUNT Popular in rural areas, dogs run into barns and signal where rats are hiding.

DISC DOG This is a variation of the basic game of fetch. The dog's owner throws a flying disc that the dog catches (usually by jumping up in the air) and retrieves quickly.

DOCK DIVING Dogs race down a ramp and leap out into a pool of water to retrieve a toy thrown by the owner.

FAST CAT No felines are involved! Short for coursing ability test, dogs of any breed are timed as they race around a 100-yard track, chasing an artificial lure.

LURE COURSING Sight hounds race around an oval or rectangular course that measures 650–800 yards, chasing an artificial lure.

RALLY Dogs walk to various stations and follow various commands from their owners at each one.

SHED HUNT Pups retrieve shed deer antlers from a field within a set time period.

TRACKING Dogs follow the scent of a lure that was earlier dragged through a course.

TRICKS Beyond the basic commands of sit, stay, come and lie down, dogs learn to perform more advanced commands or follow hand signals.

1920s Style for a 1920s Price

It was a warm summer afternoon and my wife and I were mingling with the best of them. The occasion was a 1920s-themed party, and everyone was dressed to the nines. Parked on the manse's circular driveway was a beautiful classic convertible. Never ones to miss an opportunity, we climbed into the car's long front seat. Among the many opulent features on display was a series of dashboard dials that accentuated the car's lavish aura. One of those dials inspired our 1920s Retrograde Watch.

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MEDINA EC NEWS



CEO HERBERT "TREY" GREBE III

A Balanced Team for Reliability

THE WINNINGEST BASKETBALL TEAMS in history are ones that are consistent and have players with varying abilities. Some are better at shooting three-pointers, some are best at defense. Having a balanced mix of skills makes the team a powerhouse on the court. The way to keep electricity reliable is a bit like that too.

The power team first requires a foundation of consistent sources that can be put in the game any time they're needed. Having enough "always available" fuel sources like natural gas and coal can ensure consistent power generation.

Just like a team needs different players for different situations, our power grid requires multiple sources to keep the grid running. Relying solely on one player to win every game is not an effective strategy—if they get injured, you'll likely lose. Similarly, using a single fuel source for electricity generation poses a significant risk to energy reliability. Natural disasters, geopolitical tensions or unforeseen disruptions can severely impact the supply chain of a particular fuel. A diverse mix of energy sources acts as a safeguard, ensuring that the grid remains operational even in the face of unexpected challenges.

A diverse energy mix also enhances grid flexibility by accommodating the intermittent nature of renewable energy sources like solar and wind. Think of solar power like a team's inconsistent three-point shooter. It's awesome when the sun is shining bright, but what if it's nighttime or a cloudy day? That's where the other players, like wind, hydro, nuclear, natural gas and coal can step up and keep the team scoring.

Diverse fuel sources contribute to the stability and reliability of the electric grid. The different sources have varying characteristics, including generation patterns, responsiveness and storage capabilities. This diversity allows for a more balanced and resilient energy system that can adapt to fluctuating demand and unforeseen circumstances. Having a mix of these energy sources is like having a team with different skills to handle various situations and scenarios.

A diverse set of energy sources is essential, but that's not the only thing we need to have reliable electricity—or a winning team. Basketball teams are always trying out new plays or training rookies to create a versatile lineup. Similarly, electric cooperatives are constantly innovating to maintain reliability for tomorrow. But creating new ways to make our power sources more efficient and reliable takes time, money and advances in technology that aren't necessarily ready yet.

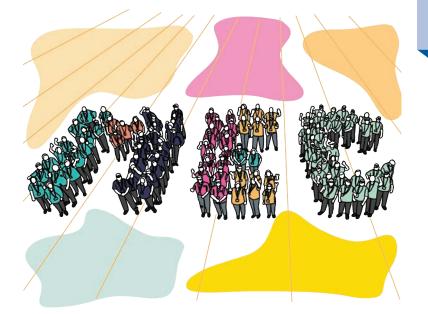
As we continue to work on the innovations of tomorrow, the key to keeping our electricity reliable right now is ensuring a diverse "team" of fuels. Each one brings something special to the table, and together, they make sure we have the power we need, whenever we need it.

Until next time, Trey Grebe



In honor of Employee Appreciation Day on March 1, we would like to recognize all Medina Electric Cooperative employees for exceeding members' expectations in everything they do.

From the team members who tackle the work in the field to those behind the scenes, Medina EC employees have worked hard for our members since 1938.





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TOLL-FREE 1-866-632-3532 Option 2: Report an outage Option 3: Pay bill, get account balance Option 5: Speak to a representative

OFFICE LOCATIONS

 Bruni 1300 FM 2050 N., Bruni 78344

 Dilley 1718 W. FM 117, Dilley 78017

 Hondo 237 Highway 173 N., Hondo 78861

 Rio Grande City 601 N. FM 3167,

 Rio Grande City 78582

 Uvalde 2604 Highway 90 E., Uvalde 78801

 Corporate Office 2308 18th St., Hondo 78861

VISIT US ONLINE MedinaEC.org



This institution is an equal-opportunity provider and employer.

Información sobre todos los programas y servicios que ofrece Medina Electric Cooperative están disponibles en español al llamarnos al 1-866-MEC-ELEC o visitando una de nuestras oficinas.



Medina Electric Cooperative gives back to the communities we live in and serve.

Employees have eight hours of volunteer time per year to give back to the community, and in 2023, Medina EC employees completed 1,022 hours.

Our team helped food pantries and libraries, hung flags and lights, built ramps and more!











Members to Receive Outage Alerts by Text Message

MEDINA ELECTRIC COOPERATIVE IS MAKING ENHANCEMENTS to our service that will greatly improve your experience with us. Starting late February, members who have a mobile number on their account will receive text messages notifying them when their meter is out of power and when power is restored.

We understand that power outages can be inconvenient, and we are committed to making your experience smoother and more informed through timely notifications.

KEY POINTS

Notification Details:

- Members registered with a SmartHub account and who have a valid mobile number listed will receive outage alerts.
- Notifications will be sent when your meter is out of power and when power is restored.

Activation Date:

- The feature is set to go live between February 27 and 29.
- A welcome message will introduce the feature prior to any applicable outage notifications.

Opt-Out Option:

- At any time, members not wishing to receive text notifications can reply STOP to 1-833-649-0801.
- This will add that mobile number to the block list, preventing further text messages.
- Members can also contact us by phone, email or chat to be added to the block list.
- Please note, by opting out, you're adding your number to the block list and will no longer receive any text notifications from Medina EC. To reenroll, you must contact the cooperative.

FAQS

Q: What are outage alerts?

A: Outage alerts notify you when your meter is out of power and when power is restored.

Q: When will I receive an outage alert?

A: Members with mobile numbers on their account will receive a text message when the meter is out of power or when power is restored.

Q: I received a message that my power is restored, but it's still out.

A: Please report your outage again. That helps crews know that you have an individual outage and that the work they did on the other portion of the line feeding your location did not restore your power like they thought it would.

Q: Are outage alerts only available by text message?

A: You can also receive mobile push notifications and email alerts if you are registered for SmartHub. Adjust your settings on SmartHub under Settings > Manage Notifications > Service.

Q: What phone number will outage alerts come from?

A: Text alerts will come from: 1-833-649-0801.

Q: Why are you enabling this feature?

A: Member feedback and research surveys have shown a desire for more timely notifications during power outages.

Q: Can I add more numbers?

A: Yes, you can add more numbers through SmartHub under Settings > Contact Methods. Verify and manage notifications in Settings > Manage Notifications.

Q: I do not have SmartHub. Can I get notifications?

A: At this time, only members registered with SmartHub will receive these notifications.

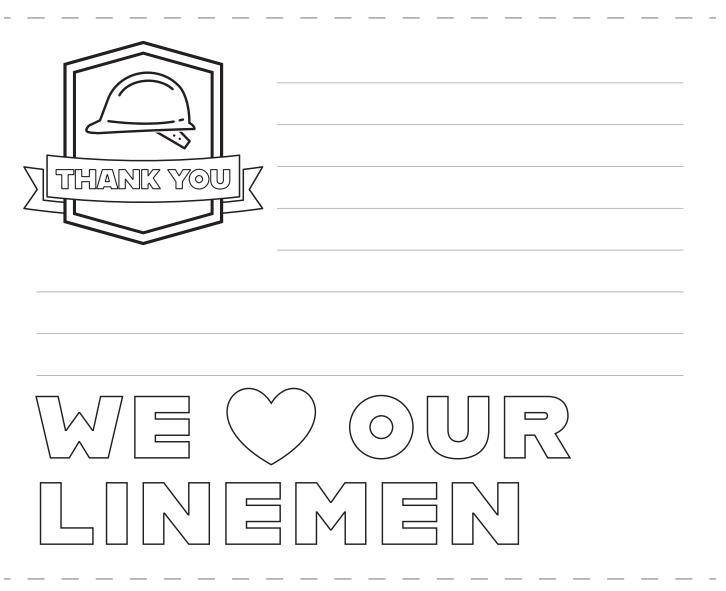
We hope this enhancement brings added convenience and peace of mind. To learn more about this improved feature, visit MedinaEC.org/Outage-Alerts.

THANK A LINEWORKER!

This April, we're recognizing lineworkers for the amazing job they do to make sure we have electricity! Think about all the ways you use electricity every day. Do you use a phone, watch TV, play video games or turn on lights? You're able to do all of these things because of lineworkers.



Below is space to write a short thank you note to your local lineworkers. Write your note, then ask an adult to help you send it back to us so we can share it with our crews.



Send your note by April 1 to the mailing address below, or snap a photo with your phone and email it to us!

Attn: Communications Medina Electric Cooperative P.O. Box 370 Hondo, Texas 78861

MyCoop@MedinaEC.org

20 TEXAS CO-OP POWER MARCH 2024

Payment Options MedinaEC.org/BillPay

(fill)

1. PHONE

Credit card and check payments may be made by calling 1-866-632-3532. Choose option 3 for the automated payment system.



2. MAIL Medina Electric Cooperative P.O. Box 33850 San Antonio, TX 78265-3850



3. AUTOMATIC PAYMENTS

Your bill will automatically withdraw from your bank account or charge to a credit card each month. This can be set up by phone or logging in to Smart<u>Hub.</u>





4. SMARTHUB SmartHub can be accessed on

Medina EC's website or through the SmartHub app.



5. PREPAID ELECTRICITY

If you would prefer to make lump sum payments ahead of time for the electricity you use, try our PrePaid option.



6. IN PERSON

Stop by any of Medina EC's five offices or drive-thrus to talk to our member service representatives to pay your bill. Medina EC has offices in Bruni, Dilley, Hondo, Rio Grande City and Uvalde.



7. BUDGET PAYMENTS

There are two options for members to pay a more predictable, budgeted amount: Levelized and Average Payments. Learn more at MedinaEC.org/ BillPay.



HVAC Tuneup Time Rebates available to members

SUMMER IS JUST AROUND THE CORNER, and that means air conditioning units will be working overtime across our area of South Texas.

In preparation for warmer temperatures, it is a good idea to have your air conditioning system serviced to ensure it is in top working order and ready to operate like it should. Keep in mind that Medina Electric Cooperative offers a \$60 rebate for HVAC tuneups.

If time has caught up with your HVAC unit and it needs to be replaced, Medina EC also has rebates of \$200 and \$400 for that, depending on what you replace the system with. There is also a \$35 rebate for Energy Star-certified window units.

In 2023, Medina EC members received more than \$3,000 in rebates related to HVAC tuneups.

However you keep cool this summer, there may be a rebate to help you out!

LEARN ABOUT OTHER REBATES AVAILABLE TO MEMBERS AT MEDINAEC.ORG/REBATES.

HOW COULD WEHELP YOUR COMMUNITY?

\$5,500 in grants are available to nonprofit organizations in any of Medina EC's 17 counties.

Deadline to apply: April 1

View eligibility information and apply online at Medinal Corg/Crant.

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TO MAKE A PAYMENT OF REPORT AN OUTAGE, USE SMARTHUD OF CALL 1-866-632-3532.



MARK YOUR CALENDAR

Texas Independence Day Saturday, March 2

Daylight Saving Time Sunday, March 10 Set clocks forward one hour.

St. Patrick's Day Friday, March 17

Easter Sunday, March 31

Community Empowerment Program Grant Applications Due Monday, April 1 Learn more and apply at MedinaEC.org/Grant.



Medina Electric Cooperative is dedicated to serving our members with reliable, low-cost electricity. We work with various partners and banks to accomplish that. One of those is the Rural Utilities Service, which is part of the U.S. Department of Agriculture. Below is the nondiscrimination statement that Medina EC operates under as a participant in those programs.



Nondiscrimination Statement

In accordance with Federal civil rights law and U.S. Department of Agriculture (USDA) civil rights regulations and policies, the USDA, its Agencies, offices, and employees, and institutions participating in or administering USDA programs are prohibited from discriminating based on race, color, national origin, religion, sex, gender identity (including gender expression), sexual orientation, disability, age, marital status, family/parental status, income derived from a public assistance program, political beliefs, or reprisal or retaliation for prior civil rights activity, in any program or activity conducted or funded by USDA (not all bases apply to all programs). Remedies and complaint filing deadlines vary by program or incident.

Persons with disabilities who require alternative means of communication for program information (e.g., Braille, large print, audiotape, American Sign Language, etc.) should contact the responsible Agency or USDA's TARGET Center at (202) 720-2600 (voice and TTY) or contact USDA through the Federal Relay Service at 1-800-877-8339. Additionally, program information may be made available in languages other than English.

To file a program discrimination complaint, complete the USDA Program Discrimination Complaint Form, AD-3027, found online at http://www.ascr.usda.gov/complaint_filing_cust. html and at any USDA office or write a letter addressed to USDA and provide in the letter all of the information requested in the form. To request a copy of the complaint form, call 1-866-632-9992. Submit your completed form or letter to USDA by:

(1) mail: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; or

(3) email: program.intake@usda.gov.

This institution is an equal opportunity provider and

Declaración de No a la Discriminación

De acuerdo con la ley federal de derechos civiles y las reglamentaciones y politicas de derechos civiles del Departamento de Agricultura de Estados Unidos (U.S. Department of Agriculture, USDA), se prohibe al USDA, sus agencias, oficinas y empleados, e instituciones que participan o administran los programas del USDA, discriminar por motivos de raza, color, origen nacional, religion, genero, identidad de genero (incluidas las expresiones de genero), orientacion sexual, discapacidad, edad, estado civil, estado familiar/parental, ingresos derivados de un programa de asistencia publica, creencias políticas, o reprimendas o represalias por actividades previas sobre derechos civiles, en cualquier programa o actividad llevados a cabo o financiados por el USDA (no todas las bases se aplican a todos los programas). Las fechas limite para la presentacion de remedios y denuncias varian segun el programa o el incidente.

Las personas con discapacidades que requieran medios alternatives de comunicacion para obtener informacion sobre el programa (por ej., Braille, letra grande, cinta de audio, lenguaje americana de senas, etc.) deberan comunicarse con la Agencia responsable o con el Centro TARGET del USDA al (202) 720-2600 (voz y TTY) o comunicarse con el USDA a traves del Servicio Federal de Transmisiones al 1-800-877-8339. Asimismo, se puede disponer de informacion del programa en otros idiomas ademas de ingles.

Para presentar una denuncia por discriminacion en el programa, complete el Formulario de denuncias por discriminacion en el programa del USDA, AD-3027, que se encuentra en linea en http://www.ascr.usda.gov/complaint_ filing_cust.html, o en cualquier oficina del USDA, o escriba una carta dirigida al USDA e incluya en la carta toda la informacion solicitada en el formulario. Para solicitar una copia del formulario de denuncias, llame al 1-866-632-9992. Envie su formulario completado o su carta al USDA por los siguientes medios:

(1) correo: U.S. Department of Agriculture, Office of the Assistant Secretary for Civil Rights, 1400 Independence Avenue, SW Washington, D.C. 20250-9410;

(2) fax: (202) 690-7442; o

(3) correo electrónico: program.intake@usda.gov.

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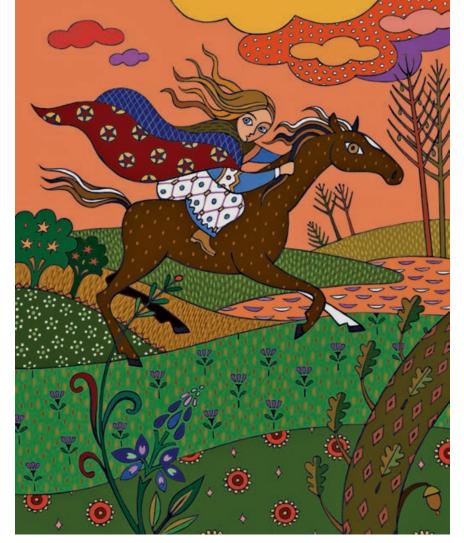
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A Revere of Our Own

Young Katy Jennings raced bareback to alert her fellow Texians about the advancing Mexican army

BY MARTHA DEERINGER • ILLUSTRATION BY KATE GLEYZER

PAUL REVERE wasn't the only patriot who made a courageous ride to warn of approaching danger. In 1836, Katy Jennings rode west from her home in Bastrop to the tiny town of Waterloo (known today as Austin) to alert Texians that the Mexican army was coming and they should run for their lives.

Katy was 10 years old.

Her father, Gordon C. Jennings, was a farmer who moved his family from Missouri to Bastrop in 1833. Gordon enlisted in the Texas militia, encouraged by the promise of a land grant as compensation. He served at the Alamo as a cannoneer, probably manning artillery positions on the north wall. When the Alamo fell to Gen. Antonio López de Santa Anna's army on March 6, 1836, Gordon, 53, was the oldest Alamo defender to die.

Author Mary Jean Kelso, a direct descendent of Katy's brother Samuel— Kelso's great-grandfather—wrote a book about her family, A Visual History Record of Alamo Defender Gordon Cartwright Jennings' Family. (Kelso spells her name Katy, but a newspaper obituary called her Katie.)

When word of the Alamo reached Bastrop, most families fled east in a panicked exodus known as the Runaway Scrape. But Gordon's wife, Catherine, and a few of her neighbors stood their ground until

FOOTNOTES IN TEXAS HISTORY

a division of the Mexican army reached the Colorado River at Bastrop.

With no choice but to flee, Catherine, her three children and two stepsons threw their most valuable possessions into a wagon. Then Catherine boosted daughter Katy onto a horse bareback and sent her west to warn others that Mexican soldiers were nipping at their heels. She told Katy not to return to Bastrop because the family would be gone.

Katy was instructed to join another family when she arrived in Waterloo, and the Jennings clan would meet again in a refugee camp along the Trinity River in East Texas.

Clinging to her horse's mane, Kelso writes, Katy rode west at "great speed" for 40 miles, warning settlers along the way. Somehow she found her way back to her family after the Battle of San Jacinto on April 21, 1836, and was with them when they returned to Bastrop.

"According to family stories," Kelso says, "after the Texas Revolution, Katy married Casper Whistler, but the marriage was short lived. Whistler was scalped by Indians while Katy, who had gone to fetch water, hid in a creek bed."

Katy later married a second time, to Sylvester Lockwood, a Texas pioneer. The couple lived near Manor in Travis County for 65 years. According to her 1911 obituary, Katy had eight children, 42 grandchildren, 100 great-grandchildren and 10 great-great grandchildren when she died at the age of 85.

She's still remembered for her famous bareback ride.

"Some people may have called 10year-old Katy Jennings brave or foolhardy," Kelso says. "Texas calls her a hero." ●

Best Brunch

Savory or sweet, don't oversleep this weekend meal

BY VIANNEY RODRIGUEZ, FOOD EDITOR

Nothing makes this gal happier than brunch. Good friends, amazing food and music in the background is my forever Sunday mood. Breakfast tostadas are so easy to prepare, and a mini version of anything is always greeted with a "wow!"

Mini Breakfast Tostadas

- 12 mini or street taco corn tortillas 3 tablespoons olive oil, divided use 6 eggs 4 teaspoons milk
- 2 teaspoons salt
- 1 teaspoon ground black pepper 2 cups refried beans, warmed Pico de gallo or salsa

1. Preheat oven to 350 degrees. Place tortillas on a baking sheet and lightly brush tortillas with 2 tablespoons olive oil. Bake until crisp, about 10 minutes.

2. In a bowl, whisk together eggs, milk, salt and pepper.

3. Add remaining 1 tablespoon oil (or you can use 1 tablespoon butter) to a skillet over medium-high heat. Pour in eggs and cook until scrambled. Remove from heat.

4. Spread beans over tostadas, spoon eggs over beans and top with pico de gallo or salsa.

MAKES 12 TOSTADAS

Follow Vianney Rodriguez as she cooks in Cocina Gris at sweetlifebake.com, where she features a recipe for Honey Flan.



Sausage in Puff Pastry PENNY SENGLER GVEC

Ready in under 30 minutes, this recipe is hands-down the ultimate addition to your brunch spread, and it might be even better the next morning for a go-to breakfast.

1 package frozen puff pastry (17.3 ounces), thawed 1/4 cup spicy brown, Dijon or whole grain mustard 1 pound ground breakfast sausage 1 egg, lightly beaten

1. Preheat oven to 400 degrees. Line a baking sheet with parchment paper.

2. On a cutting board, unfold the two pastry sheets. Slice pastry into thirds along the folds. Slice each third in half to make 12 rectangles. Spread a thin layer of mustard onto each pastry section.

3. Divide breakfast sausage into 12 small balls, then roll each ball into a finger-size log. Place sausage log onto end of pastry rectangle and roll it up into pastry.

4. Place sausage rolls onto parchmentlined baking sheet. Slice two small slits across the top of each roll. Brush with egg.

5. Bake 20–25 minutes or until golden brown. Allow sausage rolls to rest 7-10 minutes before serving.

MORE RECIPES >

MAKES 12

COURTESY RUTH FILZ

VINNER PHOTO:

RECIPE PHOTOS: JASON DAVID PAGE.



Blueberry French Toast With **Blueberry Syrup**

RUTH FILZ NUECES EC



Planning on a crowd for brunch? This heavenly French toast has you covered. No need to individually cook slice after slice—this deliciousness bakes in the oven. It can be assembled the night before and refrigerated overnight so the bread can absorb the flavorful eggy mixture. The lightly sweet, perfectly creamy goodness is worth every calorie.

SERVES 10



12 slices day-old bread 1 package cream cheese (8 ounces) 2 cups blueberries, divided use 2 eggs 2 cups milk 1/3 cup maple syrup or honey 1 cup sugar

2 tablespoons cornstarch

- 1 cup water
- 1 tablespoon (1/8 stick) butter

1. Coat a 9-by-13-inch pan with nonstick cooking spray. Cut bread into 1-inch cubes and place half of them into pan.

2. Cut cream cheese into ¹/₂-inch cubes and place on top of cubed bread. Top with 1 cup blueberries and then remaining half of bread cubes.

3. In a large bowl, beat together eggs, milk, and maple syrup or honey. Pour over bread mixture. Cover and chill in fridge 8 hours or overnight. Remove from fridge 30 minutes before baking.

4. Preheat oven to 350 degrees. Bake covered for 30 minutes, then uncover and bake an additional 30 minutes, or until center of French toast is set.

5. In a saucepan combine sugar, cornstarch and water. Bring to a boil, then stir constantly for 3 minutes. Stir in remaining 1 cup blueberries.

6. Reduce heat. Simmer 8–10 minutes, or until berries burst. Remove from heat and stir in butter. Serve warm over blueberry French toast.

I \$500 Recipe Contest

PARTY DRINKS DUE MARCH 10 Summer soirees call for a festive frosty drink. Send us your best punch, mocktail and cocktail recipes for a shot at \$500. Go online and submit your favorite by March 10.





Breakfast Strata DIANE HUNLEY PEDERNALES EC

A strata is my idea of the perfect brunch. This is prepped the night before so it's ready for the oven the next day.

1 pound spicy breakfast sausage ½ pound diced bacon 4 eggs ½ teaspoon salt ½ teaspoon ground black pepper ½ teaspoon dry mustard 1/2 teaspoon Worcestershire sauce 2 cups milk

6 slices wheat or white bread, cubed 8 ounces grated cheddar cheese

1. Coat a 9-by-13-inch pan with nonstick cooking spray.

2. In a skillet over medium-high heat, cook sausage, breaking it up with a spoon until fully done. Remove sausage from skillet, add diced bacon and cook until crispy. Remove from skillet.

3. In a bowl, whisk together eggs, salt, pepper, mustard, Worcestershire sauce and milk.

4. Layer bread, sausage, bacon and cheese in the pan. Pour the egg mixture over the entire casserole. Using a spoon, press down to ensure that all ingredients are submerged. Cover and place in fridge overnight.

5. Remove dish from fridge. Preheat oven to 350 degrees. Bake, covered, 1 hour or until firm in center. Allow to cool for 10 minutes before serving.

SERVES 8

Make Brunch a Breeze

BY VIANNEY RODRIGUEZ

A small, intimate group is the way to go. Plan accordingly for your space.

Make the morning about mingling. Assemble dishes the night before. Casseroles, quiches, stratas and fruit salads are perfect for this.

While you're at it, set the table, arrange glasses, and lay out serving platters and utensils.

Pick up pastries: less fuss while supporting local bakeries.

Offer a DIY bar with self-serve drinks—coffee, mimosas, mocktails. While guests help themselves, you can finish up preparations or greet guests.

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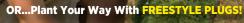
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Would you believe a lawn could look perfect when watered just once? In Iowa, the state's biggest Men's Garden club picked a Zoysia lawn as "top lawn-nearly perfect." Yet, this lawn had been watered only once all summer!

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Plant Amazoy in an old lawn or bare ground. Set plugs into holes in the soil checkerboard style. Plugs spread to create a lush, thick lawn, driving out weeds. Easy instructions included with every order.

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so you'll save money, while helping to protect the environment. Never expose your family and pets to weed killers and pesticide poison.

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Max Plugs	Free Plugs	Grass Sheets	Your PRICE	+Shipping	SAVINGS
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750	+150	6	\$ 72.50	\$32.50	29%
1100	+400	10	\$110.00	\$47.50	36%
2000	+1000	20	\$185.00	\$75.00	47%
3000	+1500	30	\$245.00	\$90.00	55%

Super Plugs Precut plugs 3 inches by 3 inches READY TO PLANT Packed in trays of 15 Super Plugs. Plant minimum 1 plug per 4 sq. ft.							
Super Plugs	Free Plugs	Tray	Your PRICE	+Shipping	SAVINGS		
15	_	1	\$ 27.50	\$18.00	—		
25	+5	2	\$ 42.50	\$25.00	26%		
60	+15	5	\$ 97.50	\$37.50	41%		
120	+30	10	\$150.00	\$60.00	54%		
240	+60	20	\$270.00	\$97.50	60%		



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HIT THE ROAD



Doing Time

Brown County's history museum lets visitors lock into law and order

BY CHET GARNER

I ONCE WAS in Europe and wondered, "Why don't we build more castles in Texas?"

But I was oblivious to the fact that there are already castles all around us in the form of historic courthouses and jails. That's especially true in Brown County, where the old jail looks more like a medieval fortress than a place to dive into history.

I started my time-traveling adventure across the street from the jail at the Brown County Museum of History. From woolly mammoth bones to frontier homes, this collection covers every era of this corner of Texas between Abilene and Austin. I sat around the (fake) campfire inside a fullsized Comanche dwelling. I learned that Gilligan (aka Bob Denver) was raised in Brownwood. I also got hands-on lessons because this museum actually encourages visitors to touch the artifacts.

Most amazing was the story of Camp Bowie, which was one of the largest army training camps in the U.S. during World War II, bringing more than a quarter-million troops to Brownwood.

Things got especially interesting, and spooky, when I crossed the street and stepped inside the old jail. This lockup opened in 1903 and served Brown County until the 1980s. The smell of stone and rusted metal permeates every room. The ground floor, which was once the sheriff's private residence, is now an incredible museum about Texas rule of law and includes stories of famous outlaws and jailbreaks.

Upstairs is where things got even creepier as I explored three floors of metal cells with heavy iron doors. I unknowingly stepped across the drop floor for the old gallows, which luckily didn't spring open. If I was plotting a crime 100 years ago in Brown County, this simple tour would have quickly cured me of any ill intent.

ABOVE The old county jail in Brownwood doesn't escape Chet's attention.

W Join Chet's captivating visit to Brownwood in the video on our website. And see all his Texplorations on *The Daytripper* on PBS.



Know Before You Go

Call ahead or check an event's website for scheduling details, and check our website for many more upcoming events.

MARCH

Austin Lakeway Garden Club Spring Mixer, (512) 263-2885, lakewaygardenclub.com

Denton [7–10] Texas Storytelling Festival, (940) 380-9320, tejasstorytelling.com

Irving [7–10] Texas Steel Guitar Jamboree, (817) 558-3481, texassteelguitar.org

Corsicana An Evening with Amy Grant, (903) 874-7792, corsicanapalace.com

Luling Rajun' Cajun Throwdown and Gumbo Cookoff, (830) 875-3214, Iulingmainstreet.com

McKinney [9–10] Heard Museum Family Campout, (972) 562-5566, heardmuseum.org

Dublin [14–16] St. Patrick's Day, (254) 300-6263, dublintxchamber.com

Round Top [15–16] Pioneer Unit of Herb Society of America Plant and Gift Sale, (713) 503-9981, herbsocietypioneer.org

Tolar [15–16] Ceramic Expo and Handcrafted Items, (254) 716-5227, westceramicshow.com

22

Georgetown [22–23] Star Struck: Georgetown Quilt Show, (512) 869-1812, handcraftsunlimited.com

Burton [22–30] La Bahia Antique Show, (979) 289-2684, labahiaantiques.com 23

25

Brenham Mark Lowry with the Sound and Endless Highway, (979) 337-7240, thebarnhillcenter.com

Huntsville Herb Festival at the Wynne Home, (936) 891-5024. texasthymeunit.org

Johnson City [25–April 19] Wine and Wildflower Journey, (872) 216-9463, texashillcountrywineries.org

Burnet Hill Country Lawn & Garden Show, (512) 756-3059, burnetcountyhighland lakesmastergardener.org

Sabinal [30-31] Wild Hog Festival and Craft Fair, (830) 486-8549, sabinalwildhogfestival.com

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Corsicana [2-4] Janet's Planet, (903) 872-5411, navarrocouncilofthearts.com

Dimmitt [5–6] Ogallala Quilters' Society Quilt Festival, ogallalaquilters.org

Luling [5–6] Roughneck Chili and BBQ Cook-Off, (830) 875-1922, lulingoilmuseum.org

Kerrville [5–7] Texas Lions Camp Eclipse Celebration, (830) 896-8500, kerrvilletexascvb.com

Quitman [6–8] Northeast Texas Eclipsefest, netxeclipsefest.com

🔃 Submit Your Event

We pick events for the magazine directly from TexasCoopPower.com. Submit your June event by April 1, and it just might be featured in this calendar.

Spring break starts



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Architecture

From modest to magnificent, architecture old and new is used for housing, education, entertainment and more. These structures surround, engage and inspire Texans to even greater heights. This month we appreciate designs found right here in the Lone Star state.

CURATED BY GRACE FULTZ



1 SUMMER EVERILL PEDERNALES EC

A new installation at the Blanton Musuem of Art in Austin.

2 CAROLYN WILLIAMS COSERV

"While exploring senior photo locations, I had heard that this University of North Texas pedestrian bridge was a wonder. As I got up to the edge, the sun and clouds created these amazing shadows."

3 MARK MCCLENDON BANDERA EC

The Henry B. González Convention Center in San Antonio.

4 TOM BRENTS FAYETTE EC

The Ashbel Smith Building, also known as Old Red, is a Romanesque Revival-style structure in Galveston. Built in 1890 with red brick and sandstone, it survived the great 1900 hurricane and 2008's Hurricane Ike.







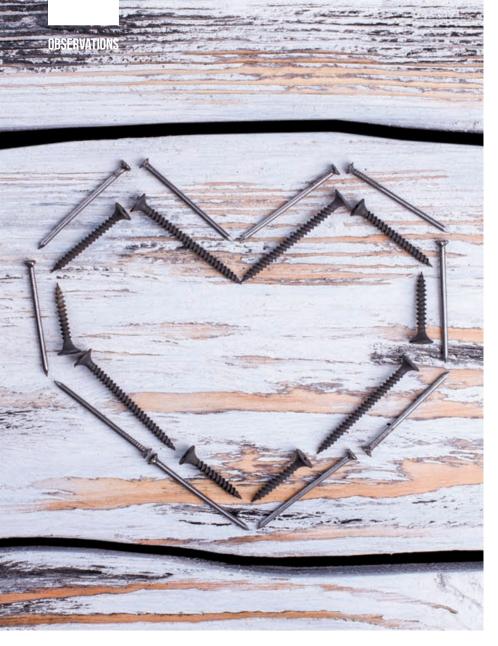
Upcoming Contests

DUE MAR 10 Shells and Scales DUE APR 10 Textures DUE MAY 10 Parenthood



Enter online at TexasCoopPower.com/contests.

See Focus on Texas on our website for many more Architecture photos from readers.



It Takes a Family

When all seems lost, loved ones rebuild a life

BY DALE ROBERSON

SOMETIMES IT TAKES a tragedy to bring a family and friends together. I know. It happened to me.

My children were scattered to the four winds. Kathy in New Braunfels, Pat and Vicki in Denton; Shannon had settled in Richmond, Virginia. Kalli and Tony were in Little Elm. We weren't estranged, just widely spread.

Since retirement, I hadn't kept up with several friends.

The tragedy occurred in the middle of the night November 18, 2018, when my house outside Driftwood caught fire. I escaped with one night in the hospital. My wife, Joyce, died in the blaze.

Not only did I lose my wife of 41 years, I was left with only the pajamas I had on. I didn't even have shoes.

That was when family and friends re-

grouped to help put my life back together.

Kathy took me to her house to stay until I devised a plan.

Tim McKenzie, whose late father had been a friend, called to offer an unoccupied apartment he owned.

Everyone came together to solve my problems.

As a newspaper editor, I had written about businessman Tracey Dean, then president of the Wimberley school board. When Tracey heard about my misfortune, he appeared with a sizeable check from members of his church. Then he arranged a line of credit for building materials at McCoy's and hired a carpenter to help me rebuild.

My granddaughter, Bethany Kraft, set up a GoFundMe to raise money. Friends I hadn't seen in some time mailed personal checks with condolences.

Granddaughters Melissa Niland and Rachel Nielsen helped set up the apartment as friends contributed furniture and clothing. Tim and grandson-in-law Brian Nielsen cleared cedar and built a pad for a foundation.

We purchased an unfinished 16-by-40-foot building as my future home. With much help and my building skills, we finished the inside to my design. Grandchildren as young as 5-year-old McKinley, 12-year-old Ned and teen Chase contributed. Grandson Cliff Roberson, a professional electrician, provided lights and power. Pat hung a storm door and installed cabinet shelves while Vicki, my daughter-in-law, joined the girls.

My former wife Vicki and her friend Joe nailed down the oak flooring furnished by Tracey from a remodeling job he'd done.

Now—thanks to all their love and efforts—I'm settled and happy in my new home. It's been said that it takes a village. A tragedy can prove what it really takes is family and friends.



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